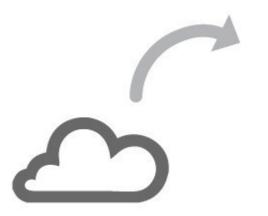


Cycle of Violence

TENSION BUILDS

- Man may begin to get angry, agitated
- Woman is anxious and fearful that violence may begin
- Woman tries to keep man calm
- Woman behaves cautiously







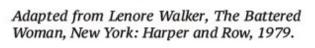
- Man may apologize, promise to change - Man may buy gifts, behaves lovingly - Woman is least likely to leave during this time - Woman may 'forgive' man and believes that he will change





CONFLICT EPISODE

- Man loses control, blames woman for provoking him
- Man may deny or minimize abuse
- Woman may be very frightened or emotionally numb
- Woman may flee and decide to leave





Women Initiating New Goals of Safety